

Grilled Pineapple Glazed with Brown Sugar and Rum

Prep 15 m | Cook 15 m | Ready in 35 m

Ingredients

- Fresh pineapple cleaned and sliced in thick slices without core
- Brown rum
- Dark brown sugar
- Whipped heavy cream flavoured with fresh vanilla marrow
- Strawberry
- Mint

Directions

- 1. Preheat an outdoor grill for high heat.
- 2. Grill all the slices of the pineapple until golden brown and with nice grill marks.
- 3. Put the slices in an aluminium tray.
- 4. Cover with brown sugar and add a dash of the rum.
- 5. Put this back on a hot grill and let it caramelise.
- 6. When ready take the tray out and serve with the cream.
- 7. Decorate with strawberries, fresh mint leaves and some roasted coconut.

